

International Sport College Australia

DRIVING THE NEXT GENERATION IN SPORT



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 [International Sports College Australia \(ISCA\)](#)

Evolve your skills for today's game

If you're passionate about sport, we can help equip you with the business and managerial skills required by modern sports organisations. ISCA's innovative program will give you an opportunity to turn your love of the game into a comprehensive understanding of the professional global sports industry.

Holistic Athletic Development

The high performance industry is changing rapidly across the world, and ISCA is committed to delivering the very latest strength and conditioning, recovery, coaching, nutrition and sports psychology programs to our students.

Learn From Industry Leaders

Our team of experienced and professional coaches, lecturers & mentors are primed to take your athletic and academic development to new heights, utilising the latest sport science methods, guest speakers and innovative case studies from the global sports industry.

Dynamic Curriculum

Our new course has been constructed by sports experts, to meet the requirements of the modern sports industry. ISCA is a perfect fusion of high performance training coupled with sports business principles to create next generation learning.

We are a true market leader, offering higher education Diploma programs which is fully accredited by Tertiary Education Quality & Standards Agency (TEQSA).

"ISCA helped me balance both my rugby & Manly Sea Eagles commitments with my studies. Coming from high school, I didn't think study was a strength of mine but I really enjoyed the practical side of ISCA. After successfully completing the Diploma, I am now enrolled in a Bachelor of Business degree and looking forward to a great career post sport."



Max Lehmann, Rugby

A typical ISCA student day



9AM*
STRENGTH & CONDITIONING

Our High Performance team designs programs that allow students to progressively achieve their optimal performance, by focusing on sport-specific movements utilising agility and speed, and overall physical conditioning.



10.30AM*
COACHING

Through a flexible and innovative approach, our sports coaches help students to develop a greater range of skills and more comprehensive understanding of their chosen sport, utilising engaging training sessions and evaluations.



12PM*
CLASS

We aim to provide students with a teaching and learning framework to understand business and sport management. Our expert academic team will cover everything from marketing to media to sports law.

*Timetable subject to change

What do I study?



Business

Delivered by industry professionals with extensive business experience, our subjects help students learn about fundamental business principles and how they relate to the sports industry.



Sport Management

A progressive, modern approach to the managerial structures of sports organisations, providing insight into the domestic and global sports industry and enabling students to identify potential employment opportunities.



High Performance

Not just taught in the classroom, our students undertake up to three physical preparation sessions per week, enhancing their physical skills before applying this knowledge through a series of exciting and innovative workshops and assessments.



Industry Placement

Offers students opportunities to gain invaluable, real-life experiences at leading sports organisations. The 100 hours of compulsory industry training allows students to develop a greater understanding of what working in the sports industry is all about.

Sports industry connections

One of the most important aspects of ISCA is the sports industry experience and academic qualifications of our teaching, high performance and management staff, along with our guest speakers who assist with the practical components of our student learning platform.

ISCA hosts site visits and field trips throughout the year to Australia's largest sporting organisations, providing an opportunity for our students to gain an insight into their potential future workplace and listen to leading sports professionals speak about the business of sport. Whether its spending a day at the historic Sydney Cricket Ground interacting with sport management and high performance leaders at our Sydney Student Sports Summit, visiting an AFL team and watching a Melbourne Storm training session, or attending Australia's largest Sports Technology conference at the Gold Coast, ISCA students have an open door to some of Australia's most respected and knowledgeable sports leaders.

Dr Betul Sekendiz PROGRAM MANAGER

PhD (Bond University, Gold Coast), MSc Sport Management (Middle East Technical University, Ankara)

Dr Betul Sekendiz has a wealth of academic experience with a Doctor of Philosophy in Sport Management from Bond University. Her research focuses on risk management, health and safety science, human factors and ergonomics to minimise pertinent legal liability issues in health, fitness, exercise and sport. Betul's expertise reflects on her sporting background in bodybuilding and fitness, where she has competed in national and international bodybuilding competitions. Betul is recognised for her impact and leadership in the industry as the current Chair of the Australian Fitness Industry Standards Council.

Dr Stephen Burke SENIOR LECTURER

PhD (UNSW), M. Education

Dr Stephen Burke is one of the expert lecturers at ISCA combining his experience as an elite athlete with his passion for education in developing unique pedagogical experiences for students. Dr Burke has more than 40 years teaching experience as a senior lecturer working with elite athletes and assisting them with finding the right balance between academic requirements & their sporting commitments.

Rob Beveridge HEAD COACH - BASKETBALL

Rob has an impressive history of coaching and mentoring basketball players, representing Australia throughout his career. He has been involved in the Australian national team program for fifteen years and has coached at two Olympic games, three World Championships – one of which they won gold, and two Commonwealth Games. Rob has spent the past ten years coaching in the NBL and the WNBL, and won a Championship with the Perth Wildcats.

Don Singe HIGH PERFORMANCE COACH

Don assists ISCA with our high performance and strength & conditioning curriculum development, and is the current High Performance Manager with NRL team Manly Warringah Sea Eagles. Don has held prominent roles with the Canterbury Bulldogs, New Zealand Rugby League squad and is a senior member of the Australian Strength & Conditioning Association (ASCA).

Sam Gallagher HEAD COACH - FOOTBALL

As Head Coach (Football) for ISCA, Sam brings a wealth of playing and coaching experience to our program as a former A-League player (including winning a premiership with Sydney FC), young Socceroo and a member of the Australian Olyroos (Men's U/23 National team). Sam is currently coaching with Manly United.



OUR OFFICIAL SPORT EDUCATION PARTNERS

Our valued sport industry partnerships assist our staff in assembling the most relevant and up-to-date case studies designed to give our students knowledge of current practices within the Australian and overseas sport markets.





Narrabeen campus

Just over 30 minutes from Sydney's CBD, the Sydney Academy of Sport is an officially recognised Olympic training facility. The Academy is home to several elite sports organisations, including NRL club the Manly Sea Eagles and the former headquarters of the Men's and Women's National Rugby 7s program.

Students can access a range of world-class sporting facilities including:

- > 400-metre Olympic-standard athletics track
- > 25-metre, six-lane heated indoor pool
- > Multi-purpose indoor sports hall

- > Five multi-purpose ovals with lighting
- > Synthetic outdoor multi-purpose courts with lighting for netball, futsal and cross training
- > Cricket nets with synthetic pitches
- > Weights room – for elite sports strength and conditioning
- > Tennis courts
- > Sports science lab boasting the latest high performance testing equipment
- > Recovery centre featuring hot & cold plunge pools
- > Beach volleyball courts

Located on Sydney's Northern Beaches, the Sydney Academy of Sport and Recreation is surrounded by natural bushland with magnificent views of Narrabeen Lake and some of the best sports training grounds and facilities in Australia.



Accommodation

Student accommodation is the ideal way to immerse yourself in student life, make new friends and stay connected with an extensive academic and sporting community.

ISCA students studying at the Sydney Academy of Sport in Sydney's Northern Beaches can access a range of convenient and fully-furnished accommodation options in one of Sydney's most beautiful and exciting regions.

Whether you are looking to stay in iconic Manly or prefer the independence of a self-catered off-campus residence, our accommodation team can help guide you with your options. For more information visit www.icms.edu.au/future-students/getting-started/accommodation.





Sydney Central campus

Conveniently situated next to major train and bus routes, our Sydney Central campus is easy to access via public transport and is located in the Sydney CBD. Students can access the elite training facilities offered by Sydney University Sport & Fitness, which is home to more than 35 sports clubs, and attend classes at our modern teaching facility in Pitt Street (within walking distance of Central train station).

ISCA students can access facilities such as:

- › Two-level, high-performance strength and conditioning gym

- › Multi-function stadium designed for basketball & netball
- › New cardio machines and pin-loaded resistance equipment
- › Indoor cricket centre
- › 50m heated indoor swimming pool
- › 6 synthetic grass tennis courts
- › Group fitness studio
- › RPM Studio
- › Boxing Gym
- › Martial Arts dojo gym

The TAG Family Foundation Grandstand is a multi-sport facility located on the University of Sydney's Oval No. 2. The site boasts an impressive two-level, high-performance strength and conditioning gym, named after its benefactor and rugby club stalwart, David Mortimer, as well as four spacious change rooms.

The Sydney Uni Sports & Aquatic Centre (SUSAC) houses a wide range of fitness services, indoor swimming pool, state-of-the-art cardio and resistance equipment.



Scholarships

ISCA scholarships are designed to reward performance, dedication, passion, community and sporting contributions and academic studies.

Each year the International Sport College Australia in association with ICMS provides a comprehensive range of scholarship opportunities for new and current students. Such opportunities range from industry and sponsored professional scholarships to tuition fee, accommodation and financial hardship scholarships.

For more information visit www.icms.edu.au/scholarships



Tom Newbold



"ISCA has been great helping me balance my sport and my studies. I enjoy all sports, but my passion is baseball and it really allowed me to continue to train and play for Manly Warringah Baseball whilst completing my course. The guest lecturers throughout the year from the sporting industry were a highlight for me, and it gave me a good insight into what the industry is really about."

Kailey Harlen



"Owing to the successful completion of my Diploma, I am now enrolled in a Bachelor's degree studying Environmental Science at Macquarie University."

Industry training

Industry training forms an essential component of our ISCA program.

All students are required to undertake a placement with an approved employer from the sports industry where you will gain experience in the workplace that is relevant to your studies.

It's an opportunity to prepare for your future professional career by gaining relevant experience in your chosen sport. The industry training involves 100 hours (approximately three months part-time) placement experience for ISCA students. Assessments consist of assignments and evaluations, with expert support provided throughout your interview skills training and industry placement.

Caitlin Williams



"I absolutely loved my year at ISCA, it was the best decision of my life! I love all sports but netball is my passion and I would like a career in coaching and youth development so it was perfect. I would highly recommend it, I've made some great friends and the coaches really mentor you throughout the course."

Some of our valued industry training partners include:



Where ISCA can take you?

Possible career opportunities can include but are not limited to:



Player or Team Manager



Sport Development Officer



Sports Marketing and Sponsorship



Strength & Conditioning Coach



Competitions Coordinator



Sports Events Officer



Sport Facilities Management



Fan Engagement and Merchandise



Social Media and Digital Content Coordinator



Sport coaching roles

Diploma of Sports Management (High Performance)

Upon successful completion of the Diploma, students may exit to their chosen career or will have direct entry to the ICMS Bachelor of Sports Management. Educational pathways to other ICMS Bachelor degrees are also available.

Please refer to the ISCA website for more information on education pathways.

Diploma of sports management (high performance) course structure

Level	Code	Subject	Credit
TRIMESTER ONE			
100	MGT101	Managing People and Organisations	3
100	SP0110	Introduction to Sport Management	3
100	SP0130	High Performance 1	3
TRIMESTER TWO			
100	MKT100	Principles of Marketing	3
100	SP0120	Sports Psychology, Health and Wellbeing	3
100	SP0140	High Performance 2	3
TRIMESTER THREE			
100	EC0150	Economics for Sport	3
100	SP0150	High Performance 3	3
200	IND203	Industry Training (DSMHP)	2
ELECTIVE (Choose one) Offered only in trimester three			
100	THE101A	Introduction to Tourism, Hospitality and Events	3
100	MGT102A	Global Citizenship	3
100	SP0102A	Socio-Cultural Factors in Sport	3

Degree Structure

In addition to facilitated theoretical subjects, experiential learning is a foundation of this course. As such it is designed to provide learners with practical work experience which is undertaken over one subject (and one study period), IND203. This equates to a minimum of 100 hours of industry experience.

Note: One study period is equivalent to one trimester of study (1 orientation week and 13 weeks of subject delivery and assessment). The accredited full-time study load is 1 year. There are normally a minimum of two weeks holidays after each study period.

SAMPLE STUDY PATTERN
Trimester 1 (13 weeks) - 3 subjects taken
Trimester 2 (13 weeks) - 3 subjects taken
Trimester 3 (13 Weeks) - 3 subjects + Industry training taken

For more information visit
www.iscaustralia.edu.au or call 1800 319 451
to speak with a course advisor.



ENTRY REQUIREMENTS

When applying for entry into the Diploma qualifications you will need to meet certain academic and English-language entry requirements. For detailed information about our entry requirements visit iscaustralia.edu.au under FAQ section.

WHEN TO APPLY

ISCA has three intakes per year (February, May and September). You can start your Diploma in any of these trimesters. Applications should be made at least three months prior to your desired commencement date.

Domestic students may apply through the Universities Admissions Centre (UAC) or directly to ISCA at iscaustralia.edu.au

Please refer to this link for the trimester intake dates:
www.icms.edu.au/important-dates.

MORE INFORMATION CAN BE FOUND AT THE LINKS BELOW:

Admission Criteria:

www.iscaustralia.edu.au/general-admission-information/

Application Information:

www.iscaustralia.edu.au/how-to-apply/

Important Dates:

www.icms.edu.au/important-dates/

Fees:

www.icms.edu.au/future-students/application-information/tuition-fees/

Accommodation:

www.icms.edu.au/future-students/student-services/studentaccommodation/

Student Support and Wellness

www.icms.edu.au/future-students/wellness-and-support/

Student Life

www.iscaustralia.edu.au/student-life-in-sydney/

Credit for Prior Learning

www.icms.edu.au/future-students/application-information/credit-for-prior-learning/

Information on Education Services for Overseas Students (ESOS) Framework:

[/internationaleducation.gov.au/regulatory-information/Pages/regulatoryinformation.aspx](http://internationaleducation.gov.au/regulatory-information/Pages/regulatoryinformation.aspx)

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International College of Management, Sydney Pty Ltd ACN 003 144 045
ATF The ICTHM Trust ABN 54 174 259 919, trading as International Sport College Australia (ISCA), CRICOS Course Code: 097377J, CRICOS Provider Code: 01484M, RTO Code: 90851, TEQSA ID: PRV12025

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